

YOKOHAMA RAPPORT SPORTS & CULTURAL CENTER FOR THE DISABLED

—This Center is open for use to everyone regardless of nationality—



1752 Toriyama-cho, Kohoku-ku, Yokohama 222-0035

Tel: 045-475-2001 Fax: 045-475-2053 (in Japanese only)

* We speak only Japanese, so please arrange for an interpreter if necessary.

Reservation for private use

Tel/Fax: 045-475-2002 (The fax number is only for people with hearing and/or speech impediments.)

Office Tel.045-475-2052 Fax 045-475-2053

Sports Tel.045-475-2050 Fax 045-475-2053

Culture Tel.045-475-2055 Fax 045-475-2053

Facility for the Provision of Information for Hearing-Impaired Persons

Tel.045-475-2057 Fax.045-475-2059

Established by Yokohama City

Designated Administrator: Foundation for Yokohama Rehabilitation Services

YOKOHAMA RAPPORT can be used by anyone, including people with disabilities and people wishing to maintain their physical abilities. YOKOHAMA RAPPORT has both spaces for individual use and spaces that can be reserved for private (group) use. No reservation is needed if using the facilities as an individual. If you want to use the facilities on a reservation basis (group use), advance reservation is required. People using RAPPORT for the first time must first be issued a (User Card).

Individual Use

When you use RAPPORT for the first time, the reception staff will issue you a (User Card). At that time, a nurse will interview you about your disability and health. If you have a disability, please bring the following certificates.

- Physical Disability Certificate
- Rehabilitation Certificate
- Mental Disability Certificate

From your second visit, please bring your (User Card).

■Card issue desk hours

Monday to Saturday, 9:30 to 20:00 Sundays and holidays: 9:30 to 16:00

■Note regarding Pool use

During the following times, the pool is open only for people with disabilities, their caregivers, and people aged 60 or above. (Others cannot use the pool during these times.)

- Saturdays 9:30 to 17:00
- Sundays, holidays, and summer period

■Fees:

• Person with disability and his/her caregiver (2 person max.): Free as a rule (For bowling, a fee of 200 yen per game is required.) • Person without disability: 500 yen per adult; 250 yen per elementary or junior high school student; Preschoolers are admitted free of charge. (For bowling, a fee of 400 yen per game is required.) Some facilities are age-restricted. * Use of the Toy Library and the Creative Workshop (Workshop Zone) is free of charge for all.

Group Use

• Eligibility: Group organization of 5 or more people. • Please register the group users in advance and obtain their user cards (group user cards). If you wish to register as a disability welfare related organization (group) in Yokohama City, there will be a review before the cards are issued. Please submit the following documents. • Organization's constitution • Bylaws and members list (persons with disabilities should be clearly indicated as such in the members list)

- Disability certificates of all members with disabilities

The requirements for a disability welfare related organization are as follows.

- One third or more of the members must be persons with disabilities
- The organization must have been established for one year or longer

* Please contact us regarding details and the necessary documents at the time of application. * Half of the usage fee will be waived when you register as a disability welfare related organization in Yokohama City.

■Private (Group) Use Reception Hours

Phone reception: 9:30 to 12:00, 13:00 to 17:00, 18:00 to 19:00 Counter reception: 9:30 to 19:00

- * Sundays and national holidays: Until 16:30

■Reservation Acceptance Period

Rapport Theater

- Disability welfare related organization in Yokohama City: From 9 months to 7 days prior to the date of planned use.
- Other group: 8 months to 7 days prior to the date of planned use

Other private (group) use facilities

- Disability welfare related group in Yokohama City: 3 months to 1 day prior to the date of planned use
- Other groups: 2 months to 1 day prior to the date of planned use

* The acceptance period for some facilities may differ from the above in some cases. Please inquire for details.

■Fees Please refer to the fee table (attachment).

Facility Usage Method

Individual Use

■Sports Facilities

①Please present your User Card to the reception staff at the General Reception Desk on the 1st floor and receive an arm band. What you need to do at the reception: · Tell the reception staff the name of the facility you wish to use. · Persons without disabilities must purchase a ticket and present it along with your User Card

· People who use the bowling alley must purchase a ticket at the bowling alley after using it. After purchasing the ticket, please hand it over to the bowling alley staff.

②When you arrive at the sports facility you wish to use, please show your armband to the facility staff.

* First-time users must inform the facility staff at each reception desk that they will be using that facility for the first time. The facility staff will then explain how to use the facility. * Please place the locker key inside your arm band.

③After you finish using the facility, please return your arm band at the General Reception Desk on the 1st floor.

■Cultural Facilities (Creative Workshop (Workshop Zone), Toy Library)

Please present your card directly to the facility staff of the facility you wish to use.

Private Use (Group use)

①From 9:30 to 12:00 on the day of reception start (the first day of the application period), please apply either by phone or in person at YOKOHAMA RAPPORT. If there are multiple users wishing to use the facility on the same date and time, an automated lottery drawing will be carried out by computer.

Times during lottery drawing results can be checked Weekdays: 14:00 to 19:00 on day of application (but excluding 17:00 to 18:00)
Sundays and national holidays: 14:00 to 16:30 on day of application

Verification method: Please check with Yokohama Rapport either by phone or in person at the General Reception Desk. If the winning group fails to check the lottery drawing result, their application will be canceled. Therefore, please be sure to check. In the case of people with hearing and/or speech impediments, the lottery drawing can be applied for and the result checked by fax

* If the reception start date falls on a day when YOKOHAMA RAPPORT is closed, the preceding open date will be the reception start date. * If the reception start date is exceeded, reservations will be done on a first-come, first-served basis instead of by lottery drawing.

②Please complete the usage permit application procedure and pay the usage fee within 10 days, including the day of the reservation.

You will be issued a Usage Permit when the procedure has been completed.

③Please bring the following items to the General Reception Desk on the 1st floor on the day you will use the facility.

Usage Permit · Group Card Following verification, you will be given a key, a usage report form, etc.

④After you finish using the facility please fill in the (Usage Report Form) and submit it to the reception staff. Please return promptly the key to the General Reception Desk on the 1st floor.

Usage Times

Monday to Friday: 9:30 to 21:00 Sundays and national holidays: 9:30 to 17:00

* Please check in advance regarding the usage time of each facility.

Closed Days

Second Tuesday of each month, year-end and New Year holidays. * The usage method may change according to circumstances. If there is anything you would like to clarify, please inquire at Usage Guidance (475-2001/Japanese only).

Welcome to Yokohama Rapport!

<Underground>

- ① Underground Parking Lot Parking lot capacity: 410 vehicles. People with disabilities will be given preferential access to the parking lot. Please have your lights turned on when driving in the underground parking lot.
- ② Underground Ground You can use this facility without having to worry about the rain. The track & field area features a 160 meter track. Archery, lawn bowling, and bound tennis can also be enjoyed. Running guide machines for the visually impaired are also available.



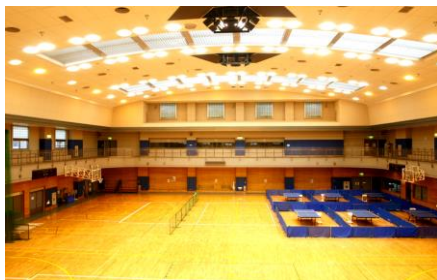
Underground Ground



Archery,

<First Floor>

- ① Main Arena : A large physical education hall where sports events and other events are held. It covers an area of 1,500 m². You can enjoy wheelchair basketball, volleyball, badminton, and table tennis there. Magnetic loops (hearing aid systems) and floor heating are provided.
- ② Pool : This is a heated pool with six 25-meter lanes in a light and airy space. The top of the pool tank is raised 45 cm above floor level, allowing easy access for people with lower limb disorders.
- ③ Sub-Arena: This is a fresh, smaller sized gym that lets in natural light and the outside air. It can be used for activities such as gymnastics, aerobics, and jazz dance. Various play equipment such as vaulting horses and mats are also available for children with disabilities.



Main Arena



Pool



Sub-Arena

- ④ Fitness Room: This is a fitness room equipped with training equipment both from Japan and overseas. You can build up your health and train there while having fun.
- ⑤ Health Counseling Corner : Professional staff dispenses individualized health advice to for people with disabilities according to each person's physical strength and disability. They also provide sports menu planning assistance and can be consulted regarding a variety of things.
- ⑥ Rapport Theater : This is a 300-seat hall that can accommodate full-fledged concert and small theater performances. The front of the stage is 12 meters wide and can be directly accessed by wheelchair. The hall is fully equipped with sound, lighting and stage equipment as well as magnetic loops and power assisted seats.

⑦ Rapport Ground (Outdoor Ground) : This area features a man-made ground. It has a 100 meter straight running course and a tennis courts with floodlights.



Fitness Room



Rapport Theater



Rapport Ground

<2nd Floor>

① Bowling Room: Four bowling lanes are available. Excellent equipment such as a voice guidance system and Braille score displays are provided for visually impaired persons

② Creative Workshop :This is a space for creative activities such as cooking, pottery, handicrafts, and painting. It features a variety of equipment including cooking ranges and sinks whose height can be adjusted. These can be used for cooking lessons and dinner parties.

③ Rapport Box : A multipurpose space of 240m². In addition to movable display panels, it has outstanding studio features including sound and lighting equipment as well as a piano. This space can be used to hold exhibits, workshops, music and theater practice, among other things.



Bowling Room



Creative Workshop



Rapport Box

④⑤ Large & Small Meeting Rooms: These rooms are equipped with a projector and other equipment required for meetings. The Large Meeting Room has 108 seats and the Small Meeting Room has 24 seats. These rooms are also equipped with magnetic loops (hearing aid system).

⑥ Japanese-Style Rooms (1 & 2): Two 20-mat rooms are available.

⑦ Restaurant: This 60-seat restaurant is attended by a waiting staff. This restaurant also makes food deliveries to the Rapport Box, etc.



Large & Small Meeting Rooms



Japanese-Style Rooms



Restaurant

<3rd Floor>

- ① Facility for the Provision of Information for Hearing-Impaired Persons: This facility performs the following functions. 次のことを行っています。
Dispatch and training of sign language and note taking interpreters for hearing-impaired persons, etc... · Consultations for hearing-impaired persons. · Production and lending of videos with subtitles or sign language
- ② Rapport Auditorium: This is an audio-visual room equipped with various equipment. Magnetic loops are also provided. You can enjoy videos or mini-concerts by relaxing on the floor mats (shoes are strictly prohibited).
- ③ Toy Library: This library offers a large variety of toys. These toys can be lent out to children with disabilities. Electric toys that can be activated with a switch are also available for children to play with. The library organizes also seasonal events and training, and operates a mobile toy library.



Facility for the Provision of Information
for Hearing-Impaired Persons.



Rapport Auditorium



Toy Library

● Usage Cautions

1. When using a facility, be sure to follow the reception procedure for that location.
2. Please observe the following points when using sports facilities.
 - Please bring suitable sports attire, sports shoes, and sports equipment as needed.
 - When using the pool, please bring a swimsuit and swimming cap.
3. Regarding any accidents that occur while using the facilities, YOKOHAMA RAPPORr shall not be held responsible for accidents other than those caused by facility management.
4. Please be sure to carefully manage your health and use the facilities in a fun and safe manner.
5. Designated locations are provided for eating/drinking and for smoking. Please do not eat/drink or smoke anywhere else.
6. Use of these facilities for profit may be restricted.
7. Please watch over your belongings, and place them in a locker as needed.
8. If you would like to take photographs or videos, be sure to apply at the General Reception Desk beforehand. When using the facilities, please be understanding of people with disabilities. Let us all cooperate so that everyone can comfortably use the facilities.

Main Activity Categories of YOKOHAMA RAPPORr

■ Sports

1. Sports Consulting

Sports consulting that introduces the various classes and facilities available is offered to people who are new to this Center.

2. Rehabilitation & Sports

As a synergy between medical treatment and sports, we promote rehabilitation, sports, and health promotion for people with disabilities.

3. Sports & Recreation

In order to promote sports and recreation activities for people with disabilities, we offer sports classes and conduct guidance and research.

4. Sports Events & Exchange Events

We plan and implement sports events and exchange events aimed at promoting better understanding of people with disabilities and encouraging interactions among residents.

5. Community Support

We aim to collaborate with disabled sports leaders and volunteers in the various areas of the Yokohama City, and promote the spread of locally based sporting activities for the disabled.

6. Human Resources Development

We aim for human resources development to spread and promote sporting activities for people with disabilities.

■Culture

1. Cultural Promotion

We aim to support and promote cultural activities for people with disabilities through arts festivals, exhibitions, concerts, and various cultural classes.

2. Toy Library

To further expand the living range and enjoyment opportunities of children with disabilities, we lend out toys, conduct various events, and hold classes.

3. Information Network

To promote the social participation of people with disabilities, we support information access through the communication equipment of each person by providing information on the Internet.

4. Community Support

We hold travelling culture classes (cooking, toys, personal computer, etc.) for people with disabilities in the community, in collaboration with institutions and group in Yokohama City.

■Facility for the Provision of Information for Hearing-Impaired Persons

Dispatch of sign language and note taking interpreters and consultation for hearing-impaired persons, production and lending of videos with subtitles or sign language for hearing-impaired persons, lending of audiovisual equipment, etc.

Access



Approx. 10-minute walk from Shin-Yokohama Station (JR/Yokohama Municipal Subway)

A shuttle bus with lift (offering priority access to people with disabilities) runs between Shin-Yokohama Station and YOKOHAMA RAPPORT.